

# Karin Verhaest



## Who am I?

I live in gratitude for all the beauty and love that comes my way. My intention is to create more of that, a better place to live and work for all. Happily settled in my beautiful home town, together with my partner-artist. I am daughter, sister, stepmother and godmother. But also traveler and mapmaker of life, loving to roam and connect with the world at large, looking for seeds of transition to new models of governance and collaboration.

My 10 words: world citizenship, travel, purpose, systemic change, transition, beauty, yoga, nature, movement, Buddhism

My values: authenticity, freedom, adventure, gratitude, connection, contribution

# My pledge to Mankind, Society & the World. Why do I do what I do?

Serving as a catalyst for leaders and organizations to connect with what is deeply meaningful to them and to move in that direction. I love to guide them on that journey to help them bridge the gaps they are facing.

## How do I want to help? What expertise do I bring?

My signature is creating spaces for reflection, insight and deep connection for people to align within themselves and with each other. My approach is holistic and systemic, connecting the analytical side (outcomes, processes, systems) with the heart (values, culture, purpose). My focus is on building onto what already works, and on "making things stick". People trust my authenticity and appreciate me for my clarity

and focus, for my soft strength and my thoroughness, for my capacity to engage and to challenge.

## What have I realized so far?

I started my career as a computer scientist and systems analyst. Working for Silicon Valley (California) firms during 10 years I learnt that IT is not the answer to every organizational problem. I refocused my attention towards improving and reengineering business processes. But ultimately I discovered the importance of the "human factor": leadership, discovering what people are passionate about and what gives them and their surrounding a sense of purpose. This accumulates to more than 30 years of professional experience both inside and outside organizations in the profit, social profit, government sector. I work globally as a coach, trainer and consultant in leadership development. I am also an active citizen engaged in several local social profit projects.

#### BASEL

Gent - Belgium

## LANGUAGES

- Dutch (mother tongue)
- English (2nd mother tongue)
- French (fluent)
- Spanish (beginner)

## **FDUCATION**

- Systemic Constellations work
- Solution Focus (Ilfaro)
- Cultural Transformation Tools (Barrett Values Center)
- Coaching (Coach U, USA)
- Graphic Facilitation (Grove Consultants International)
- Buddhist Psychology (Tariki Trust)
- Crucial Conversations
- Masters in Computer Science, KUL
- Masters in Mathematics, KUL

## INVOLVEMENT

- Fellow Oxford Leadership
- Consultant Foundation Roi Baudouin / Koning Boudewijn Stichting
- Board Member of Amazone, resource center for gender equality
- Board Member of Lodewijk de Raet Foundation
- Founder Arcus Consulting
- Owner B&B Four Corners